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C21-374

--In School Committee--
12/07/2021

Ordered:

That Superintendent's Recommendation #21-340, Grant Award, be adopted as follows: that the School Committee accept and approve the grant award below in the amount and for the period indicated.

Imagined in Cambridge-CCF, for the period October 4, 2021 to October 4, 2022 in the amount of \$5,000. Grant SC22174.

Description: This grant from the Cambridge Community Foundation's (CCF) Innovation program will fund a voluntary after-school HEART (Holistic Emergency Alternative Response Team) group at the Kennedy Longfellow school. Awarded as a result of a student's application to CCF, 5th graders who are interested in learning a range of skills that promote mental health will meet every other week under the guidance of a staff member skilled in this area. Among the topics they will explore are: identifying emotions and learning how to safely express them; developing conflict resolution skills such as Circle Processes and Non-violent communication, and exploring mindfulness techniques such as breathing and mediation. This grant will pay for art and journal supplies, media products, t shirts, yoga mats, snacks, and stipends for guest speakers.

A true copy:



Ariel. B. Kennebrew
Executive Secretary to the School Committee