

**CHAIR**  
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**VICE CHAIR**  
MANIKKA L. BOWMAN

**SCHOOL COMMITTEE**  
459 BROADWAY  
CAMBRIDGE, MASSACHUSETTS 02138

**OFFICE OF THE EXECUTIVE SECRETARY**  
TEL: 617-349-6620 • FAX: 617-349-6624  
dbeard@cpsd.us

**MEMBERS**  
ALFRED B. FANTINI  
JOSE' LUIS ROJAS  
DAVID J. WEINSTEIN  
RACHEL B. WEINSTEIN  
AYESHA M. WILSON

**C21-374**

**--In School Committee--**  
12/07/2021

Ordered:

That Superintendent's Recommendation #21-340, Grant Award, be adopted as follows: that the School Committee accept and approve the grant award below in the amount and for the period indicated.

Imagined in Cambridge-CCF, for the period October 4, 2021 to October 4, 2022 in the amount of \$5,000. Grant SC22174.

**Description:** This grant from the Cambridge Community Foundation's (CCF) Innovation program will fund a voluntary after-school HEART (Holistic Emergency Alternative Response Team) group at the Kennedy Longfellow school. Awarded as a result of a student's application to CCF, 5th graders who are interested in learning a range of skills that promote mental health will meet every other week under the guidance of a staff member skilled in this area. Among the topics they will explore are: identifying emotions and learning how to safely express them; developing conflict resolution skills such as Circle Processes and Non-violent communication, and exploring mindfulness techniques such as breathing and mediation. This grant will pay for art and journal supplies, media products, t shirts, yoga mats, snacks, and stipends for guest speakers.

A true copy:



Ariel. B. Kennebrew  
Executive Secretary to the School Committee