# CAMBRIDGE PUBLIC SCHOOLS

135 Berkshire Street, Cambridge, Massachusetts 02141



May 7, 2024

TO THE HONORABLE MEMBERS OF THE SCHOOL COMMITTEE:

CONTRACT: Mental Health Services (FY25 Contract)

#### **RECOMMENDATION:**

That the School Committee approve a contract with the following vendor, funds to be provided in accordance with the budget reference listed below. Procurement procedures for this purchase have complied with Chapter 30B of the laws of the Commonwealth of Massachusetts.

Contractor
Cartwheel Health Services P.C.
625 Massachusetts Ave, 2<sup>nd</sup> Floor
Cambridge, MA 02139

<u>Period of Contract</u> <u>Amount</u> 7/1/24 – 6/30/25 \$103,000.00

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DESCRIPTION: This contract is for mental health support services.

### ADDITIONAL INFORMATION

See attached supplemental information for additional details.

SUPPORTING DATA, RULES OF THE SCHOOL COMMITTEE: Chapter II, Section 12..." motions calling for the appropriation or expenditure of money require the affirmative vote of four members."

#### **BUDGET REFERENCE:**

Fund		Account		Dept.	
			Medical		Office of Student Services
15000	General Fund	55201	Services	852144	Student Support Services

Respectfully Submitted,

Victoria L. Greer, PhD
Superintendent of Schools

## SUPPLEMENTAL INFORMATION: Cartwheel Health Services

**Purpose:** Cartwheel delivers affordable and equitable rapid access to direct mental health services for students and families.

Amount of Contract: \$103,000.00

## **Description/Scope of Services:**

Through the provision of direct clinical services and collaboration with school staff, Cartwheel helps schools build multi-tiered system of support that further address the social, emotional, behavioral and mental health needs of our students. Cartwheel's tele therapy services will directly address the need to support students' increased level of anxiety and depression. Cartwheel Health Services P.C. can help with a wide range of needs such as: anxiety, stress, depression, grief, low self-esteem, self-harm, anger, bullying, concentration, motivation, family, relationships, trauma, sleep issues and more.

## Cartwheel will not be responsible for:

- Emergency services (e.g. mobile crisis intervention); Cartwheel's services will not interrupt active crisis evaluations and cannot serve as a substitute discharge dispositions in the setting of a crisis and /or mobile crisis evaluation and/or emergency room evaluation.
- Provision of ongoing care for the student beyond services described above (e.g., intensive outpatient programs and partial programs).
- Decisions regarding school accommodations, special education and/or related services and/or educational placements
- Treatment for sever intellectual or developmental disabilities, primary eating disorders, active psychosis or mania, or primary substance use disorders (if a student has co-occurring conditions, where clinically appropriate Cartwheel will treat the condition(s) within scope).
- Speech/occupational therapy, psychoeducational assessments for IEP case management.