



135 Berkshire Street, Cambridge, Massachusetts 02141

March 21, 2023

TO THE HONORABLE MEMBERS OF THE SCHOOL COMMITTEE:

CONTRACT: Mental Health Services

RECOMMENDATION:

That the School Committee approve a contract with the following vendor, funds to be provided in accordance with the budget reference listed below. Procurement procedures for this purchase have complied with Chapter 30B of the laws of the Commonwealth of Massachusetts.

<u>Contractor</u>	<u>Period of Contract</u>	<u>Amount</u>
Cartwheel Health Services P.C. 625 Massachusetts Ave, 2 nd Floor Cambridge, MA 02139	2/1/23 – 6/30/23	\$40,000.00

DESCRIPTION: This contract is for mental health support services. See attached supplemental information for additional details.

SUPPORTING DATA, RULES OF THE SCHOOL COMMITTEE: Chapter II, Section 12..." motions calling for the appropriation or expenditure of money require the affirmative vote of four members."

BUDGET REFERENCE:

Fund	Account	Dept.	Project
25000	Grant Fund 55201	Medical Services 852144	Office of Student Services/Student Support Services SC23832 SEI & Mental Health

Respectfully Submitted,

Victoria L. Greer, PhD
Superintendent of Schools

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SUPPLEMENTAL INFORMATION: Cartwheel Health Services

Purpose: Cartwheel delivers affordable and equitable rapid access to direct mental health services for students and families. Through the provision of direct clinical services and collaboration with school staff, Cartwheel helps schools build multi-tiered system of support that further address the social, emotional, behavioral, and mental health needs of our students. Cartwheel's teletherapy services will directly address the need to support students' increased level of anxiety and depression as identified in the data from the most recent Teen Health Survey (Spring 2022).

Amount of Contract: \$40,000

Description/Scope of Services:

Cartwheel will provide services for a wide range of needs, such as: Anxiety, stress, depression, grief, low self-esteem, self-harm, anger, bullying, concentration, motivation, family, relationships, trauma, sleep issues, and more.

- Provide direct care to students via telehealth, including rapid access to mental health assessments, evidence-based therapy, medication evaluation, and care coordination with licensed clinicians.
- Provide skill-building workshops, professional development, and prevention programming for school staff and families.
- Provide clinical consultations and ongoing guidance for school staff on student situations.
- Through licensed therapists, provide evidence-based, short-term therapy & facilitate skill-building groups for students who need more targeted support outside of school hours.
- Provide medication evaluation and support medication management through child psychiatrists.
- Assess longer term needs of students and families and refer to community providers as needed.
- Provide parent training for younger students (Pre-K through Grade 2) to address social, emotional, and behavioral concerns.
- Collaborate with school staff to identify, recommend, and provide interventions that best support student needs.